

# April 2019

Pinecrest (IL)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
	9:30 Exercise with LiveWell, AUD 10:15 Low Intensity Exercise with LiveWell 1:30 Stitching Friends, FS 6:00 Pool Shooters, BR	9:00 Massages with Beth, CFD 9:30 Exercise with LiveWell, AUD 1:30 Errands Van, FRONT 1:30 Senior Yoga, FC 3:00 Ice-Cream, B 6:00 Bingo, AUD	7:30 – Men’s Breakfast with Heath at Diboll Airport 9:30 Exercise with LiveWell, AUD 11:00 Chapel, Ch Steve Zorich, Diboll Pentecostal 2:30 Farkle - Dice Game, RR 6:00 John Woodside Shoot Out, BR	9:00 Massages with Beth, CFD 9:30 Exercise with LiveWell, FC 10:15 Low Intensity Exercise with LiveWell 10:15 Grief Support Grp. w/Affinity Hospice, MPR 1:30 Senior Yoga, FC 2:00 Writing Club, RR	9:30 Exercise with LiveWell, AUD 10:30 Larry Bruce Gardens 1:30 Bus to Brookshire's, FRONT 6:00 Mexican Train, AUD	9:30 Coffee & Conversation, FS 6:00 Game Night, AUD
7	8	9	10	11	12	13
12:45 Sunday School, MPR 1:30 Chapel, Ch Brian Wiggins, 1 <sup>st</sup> Presbyterian 6:00 Bible Study: The Book of John, MPR	9:30 Exercise with LiveWell, AUD 10:15 Low Intensity Exercise with LiveWell, AUD 1:30 Stitching Friends, FS 2:00 Denman Ave. Singers 4:30 Spanish Class, RR 6:00 Pool Shooters, BR	9:00 Massages with Beth, CFD 9:30 Exercise with LiveWell, AUD 1:30 Errands Van, FRONT 1:30 Senior Yoga, FC 3:00 Ice-Cream, B 6:00 Bingo, AUD 7:00 Angelina Arts Alliance – Pilobolus “Shadowland” The New Adventure	9:30 Exercise with LiveWell, AUD 11:00 Chapel, Ch Laura Campbell, 1 <sup>st</sup> Methodist 2:30 Farkle - Dice Game, RR 6:00 John Woodside Shoot Out, BR	8:00 Trip to Weatherford 9:00 Massages with Beth, CFD 9:30 Exercise with LiveWell, AUD 10:15 Low Intensity Exercise with LiveWell 1:30 Senior Yoga, FC 2:00 Writing Club, RR 3:00 Ice-Cream, B 6:00 "42", RR	9:30 Exercise with LiveWell, AUD 1:30 Bus to Brookshire's, FRONT 6:00 Mexican Train, AUD 6:30 Return from Weatherford	9:30 Coffee & Conversation, FS 6:00 Game Night, AUD
14	15	16	17	18	19	20
12:45 Sunday School, MPR 1:30 Chapel, Ch Cindy Doran, Keltys United Methodist 6:00 Bible Study: The Book of John, MPR	9:30 Exercise with LiveWell, AUD 10:15 Low Intensity Exercise with LiveWell, AUD 1:30 Stitching Friends, FS 6:00 Pool Shooters, BR	9:00 Massages with Beth, CFD 9:30 Exercise with LiveWell, AUD 10:10 1 yr anniversary of Singing Seniors - AUD 1:30 Errands Van, FRONT 1:30 Senior Yoga, FC 2:00 Easter Gospel Singing Celebration, AUD 3:00 Ice-Cream, B 6:00 Bingo, AUD	9:30 Exercise with LiveWell, AUD 11:00 Chapel, Ch Scott Reed, Calvary Baptist 2:00 Movie Time: TBD 2:30 Farkle - Dice Game, RR 6:00 John Woodside Shoot Out, BR	9:00 Massages with Beth, CFD 9:30 Exercise with LiveWell, 10:15 Low Intensity Exercise with LiveWell 1:30 Senior Yoga, FC 2:00 Writing Club, RR 3:00 Ice-Cream, B 3:30 Easter Eggstravaganza, FS 6:00 "42", RR	9:30 Exercise with LiveWell, AUD 1:30 Bus to Brookshire's, FRONT 6:00 Mexican Train, AUD  <b>Good Friday</b>	9:30 Coffee & Conversation, FS 6:00 Game Night, AUD
21	22	23	24	25	26	27
12:45 Sunday School, MPR 1:30 Chapel, Ch Cindy Doran, Keltys United Methodist 6:00 Bible Study: The Book of John, MPR  <b>Happy Easter</b>	9:30 Exercise with LiveWell, AUD 10:15 Low Intensity Exercise with LiveWell, AUD 1:30 Stitching Friends, FS 3:00 Reminisce, FS 4:30 Spanish Class, RR 6:00 Pool Shooters, BR	9:00 Massages with Beth, CFD 9:30 Exercise with LiveWell, AUD 1:30 Errands Van, FRONT 1:30 Senior Yoga, FC 2:00 Quilling Art Class with Mickie Dupree, MPR 3:00 Ice-Cream, B 6:00 Bingo, AUD	9:30 Exercise with LiveWell, AUD 11:00 Chapel, Ch Walker McWilliams, 1 <sup>st</sup> Baptist Association 2:30 Farkle - Dice Game, RR 6:00 John Woodside Shoot Out, BR	9:00 Massages with Beth, CFD 9:30 Exercise with LiveWell, AUD 10:15 Low Intensity Exercise LiveWell 11:00 Dean’s Restaurant - Huntington 1:30 Senior Yoga, FC 2:00 Writing Club, RR 3:00 Ice-Cream, B 6:00 Angelina Benefit Rodeo 6:00 "42", RR	9:30 Exercise with LiveWell, AUD 11:30 Birthday Lunch with Heath, MPR 1:30 Bus to Brookshire's, FRONT 2:30 Variety Show 6:00 Mexican Train, AUD	9:30 Coffee & Conversation, FS 6:00 Game Night, AUD
28	29	30	<p><b>All activities in BLUE require you to sign up in the activity book to attend.</b></p> <p><b>We have alot of fun things happening! Hope you join us!</b></p>		<p><b>Happy Birthday!</b></p> <p>Mary M. Henderson 3<sup>rd</sup> Barbara Flournoy 5<sup>th</sup> Wanda Leary 17<sup>th</sup> Clayton Jircik 22<sup>nd</sup> John Woodside 27<sup>th</sup></p>	
12:45 Sunday School, MPR 1:30 Chapel, Ch Roy Hall, retired Baptist 6:00 Bible Study: The Book of John, MPR	9:30 Exercise with LiveWell, AUD 10:15 Low Intensity Exercise with LiveWell, AUD 10:00 New Resident Gathering, RR 1:30 Stitching Friends, FS 6:00 Pool Shooters, BR 6:00 Community Game Night and "42" Class, AUD	9:00 Massages with Beth, CFD 9:30 Exercise with LiveWell, AUD 1:30 Errands Van, FRONT 1:30 Senior Yoga, FC 2:30 Cooking Demo with Jim, ALK 3:00 Ice-Cream, B 6:00 Bingo, AUD				
					AUD - Auditorium FS - Fireside BR - Billiards Room CFD - Consult Front Desk FRONT - Front Desk Reception Area	MPR - Multipurpose Room FC - Fitness Center B - Bistro Ch - Chapel RR - Residents Meeting Room RR - Residents Mtg Room

The men are going out for breakfast on Wednesday, April 3rd!! Heath will drive the bus and join you to start the day with a delicious breakfast from the **Angelina County Airport Café**. Sign up if you would like to attend.

We will have our Grief **Support Group meeting on Thursday, April 4<sup>th</sup>** in the MPR. Michael Norsworthy, who is a Chaplain for Affinity Hospice, will lead the group. Michael has also been conducting a very successful group in the Jasper area. This group is open to anyone that is dealing with any kind of grief.

We are going to lunch at Larry Bruce Gardens for lunch Friday, April 5<sup>th</sup>. There, we will enjoy Gourmet Salads and Sandwiches. Please sign up if you would like to join us

Angelina Arts Alliance presents **Pilobolus "Shadowland" The New Adventure on Tuesday, April 9<sup>th</sup>**. If you have a ticket, sign up and join us for this amazing show.

We will have an old-fashioned **Gospel Singing** featuring the Southern Gospel Group **The Stanleys**. They will be joined by a few more amazing voices. We will also have a time of reflection on the TRUE meaning of EASTER. Hope you can join us! Tuesday, April 16<sup>th</sup> at 2:00pm.

We will have our Annual Easter Eggstravaganza on April 18<sup>th</sup> at 3:30p. Join us for an EASTER PARADE thru the building, an Easter Egg hunt for the kids outside the Bistro, and lots of delicious treats.

Tuesday, April 23<sup>rd</sup>, fellow PineCrest resident Mickie Dupre will teach us how to Quill. A very intricate art is made with paper. This process makes a BEAUTIFUL product. Please join us!

We are going to Deans Restaurant in Huntington for some good old-fashioned home cooking and pies just like mama used to make! Sign up to join us on Thursday, April 25<sup>th</sup>.

Join us for the Community Social in the Fireside on **Monday, 25<sup>th</sup> at 3:00**. This is a time to visit with friends from all areas of our community. We will have snacks!!!! ☺

Sign up if you want to join us for the Angelina Benefit Rodeo on Thursday, April 25<sup>th</sup>. Tickets will be \$11 per person. You do not want to miss this rip-roarin' good time!

We are having a Community Game Night for PineCrest!!!! You are invited to join us for board games, card games, domino games!!! We will even have someone teaching us how to play "42" if we want to learn. Monday, April 29<sup>th</sup> at 6pm.

Come to the Auditorium and be entertained by PineCrest Staff. We are putting on a VARIETY SHOW that is sure to get lot of laughs. Join us as we display our talent (or not talent) on Friday April 26<sup>th</sup>.



### Recipe from the Cooking Demo in March with

#### Jim and Carol: Three Cheese Penne

- 1 (13.25-ounce) box whole wheat penne pasta – I used regular not wheat
- 1 lb hamburger meat
- 1 lb Italian sausage
- 1 teaspoon extra [virgin olive oil](#)
- ½ small onion, diced
- 1 tablespoon minced [garlic](#)
- 1 (23.25-ounce) jar light pasta sauce
- ½ teaspoon dried basil
- ½ teaspoon dried oregano
- ¼ teaspoon salt
- ¼ teaspoon black pepper
- ½ cup low-fat cottage cheese – optional
- ½ cup part-skim ricotta cheese – use 1 cup if no cottage cheese
- 1 ½ cups shredded mozzarella cheese
- 2 tablespoons chopped fresh parsley

**Instructions:** Bring a large pot of salted water to a boil over high heat. Cook the pasta to al dente according to the package directions. Drain and set aside.

1. In a large skillet, heat the olive oil over medium-high heat. Add the onion, garlic and meat and cook until the onions have softened and meat is brown, 3 to 5 minutes.
2. Reduce the heat to low and pour in the pasta sauce. Stir in the basil, oregano, salt and pepper. Cover and cook for 5 to 7 minutes, stirring occasionally.
3. Preheat the oven to 350°F. Coat an 8x8-inch baking dish with cooking spray.
4. Meanwhile, in a medium bowl combine the cottage cheese, ricotta, and 1 cup of the mozzarella.
5. Remove the sauce from the heat and stir in the cooked pasta.
6. Transfer half of the pasta to baking dish. Evenly spread half of the cheese mixture on top. Then add the remaining pasta followed by the remaining cheese mixture. Sprinkle the remaining ½ cup mozzarella on top.
7. Bake uncovered until the cheese is melted, 18 to 20 minutes.
8. Serve garnished with the parsley.

**NEXT COOKING DEMO – APRIL 30th**

Christ  
is  
Risen!

<sup>3</sup> Blessed be the God and Father of our Lord Jesus Christ, which according to his abundant mercy hath begotten us again unto a lively hope by the resurrection of Jesus Christ from the dead,

<sup>4</sup> To an inheritance incorruptible, and undefiled, and that fadeth not away, reserved in heaven for you,

<sup>5</sup> Who are kept by the power of God through faith unto salvation ready to be revealed in the last time.

1 Peter 1:3-5 (KJV)

hello  
APRIL